Annual Report FY2017

Leading the Way

50 Years
1967-2017

Prestera Center
A Message From the President and CEO . . .

Prestera Center is celebrating 50 years of leading the way in behavioral healthcare services since 1967. We could not be more honored to provide high quality behavioral health services to over 16,000+ individuals, families and children annually in 50+ locations across nine counties in West Virginia. We are West Virginia’s 69th largest employer, employing 750 staff. Prestera is proud to serve the most vulnerable members of our community with a range of life-saving treatment and support services.

Fiscal Year 2017 brought new programs and partnerships to the comprehensive array of services. In a new partnership with the US Drug Enforcement Agency, Prestera Center committed to the DEA 360 strategy to combat heroin and other opioid use across Kanawha, Putnam and Cabell Counties in WV through prevention, early intervention, treatment, recovery and law enforcement. The US Department of Housing and Urban Development (HUD) announced a 57 percent drop in homeless adults and families in West Virginia thanks to partnerships including Prestera’s homeless outreach and housing programs. Beautiful new offices offering contemporary spaces and more parking replaced former offices for addictions recovery services in South Charleston, WV and Putnam County services centralized to a new place in Hurricane, WV. The Charleston Peer Center has a new home in the former Crisis Residential Unit in Charleston while plans to open a new 16 bed CRU in Huntington in FY2018 are underway. The Buddy-2-Buddy program began serving West Virginia National Guardsmen through trained peers support specialists to Guard servicemen and women in Charleston, WV. We honored overdose victims and their families on International Overdose Awareness day, celebrated May is Mental Health Month and September is Recovery Month and enjoyed several receptions and panel discussions with state and federal representatives, including US Senator Joe Manchin, Congressman Evan Jenkins, WV Attorney General Patrick Morrissey, Gubernatorial candidate Bill Cole and a variety of other dignitaries and friends. Prestera earned another 3-year CARF accreditation, a unique distinction among comprehensive behavioral healthcare providers in WV. 50 years of services were celebrated with a staff family picnic in May 2017, along with a variety of other activities and celebrations.

As we look toward the future, the members of the Board of Directors, and the staff at Prestera Center will continue efforts to develop services that enhance our ability to meet the needs of people in our communities. Our commitment to quality services will continue as we lead the way in behavioral health in West Virginia. Thank you for taking time to review this report.

Sincerely,

Karen Yost

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A Staff Member Who Never Quits
Believing In Miracles

By Krishawna Harless, Prestera Center’s LEAD program

As the Triage Referral Coordinator for Prestera, I go out with Huntington police officers on overdose calls, search warrants, warrant sweeps, after Narcan visits, and street outreach with prostitutes and the homeless.

With the support of the Huntington Police Department, I have been able to reach 204 individuals over the last six months. Officers are readily available to assist me in canvasing the streets late in the evenings, walk through abandoned structures around town, make home visits, and provide escort so I can meet anyone in need. In a six-month period, there were 48 individuals successfully placed in treatment. In just one month, 41% of all individuals seen were off the streets and receiving treatment services. Law Enforcement Assisted Diversion (LEAD) programs really do work!

This job has richly blessed my life in so many ways and afforded me the ability to meet some of the most wonderful people! It is amazing to witness their transformation through treatment. This past week I spoke with a female who I had first met over a month ago. She was struggling, in the hospital after three overdoses in four days. Hospital staff told me they didn’t think I could reach her but allowed me to try anyway. I went to her room and we talked, and I encouraged her to contact me. Less than 24 hours later she called and said, “I’m Ready!” That same day she was admitted to detox and then went to residential treatment. She said our help has saved her life. I am very honored to work for Prestera Center!

Treatment Works,
Recovery is Possible

Todd learned early on that his mother’s battle with addiction and drugs would always win out against his own needs—until they found themselves in Prestera Center’s Renaissance Program. Todd was 9 in 1994 when his mom sought help with her addiction in our long-term intensive residential treatment program designed for women and their children.

The Renaissance Program allows mothers to work on their recovery with their children by their sides. In this way, two generations receive counseling and support, learning the skills needed to maintain and live a drug-free life. It’s a program of hope. “My time with my Mom at Renaissance was some of my best childhood memories,” Todd recalls.

While at Renaissance, Todd experienced a ‘normal childhood’ that had previously been missing in his life. He returned home from school and his mother was there, he woke up for breakfast and his mother was there, he participated in school programs and his mother was there. “We even had Christmas at Renaissance that year, and Santa brought me so many gifts. It was one of my best Christmas’s ever! I got my mom back.”

Todd was a high school standout on the basketball court and the football field. He received a scholarship and graduated from Kentucky Christian University and went on to obtain a graduate degree. He gave back by working at Prestera Center as a recovery specialist before he returned to sports where he found students like him that he invests in and inspires. Today Todd is married with five children and is the Head Basketball Coach at a local high school in West Virginia. He serves as a strong mentor and role model for the youth he coaches.
The Year in Pictures

- Fall Benefit — Beetles Invasion
- Overdose Awareness Day
- Visit from Congressman Evan Jenkins
- Spring Benefit — Don’t Worry, Be Hippy
- 50th Anniversary Family Picnic
1967
Opening of Region II Community Mental Health Center

1970s
Psychotropic medications for a variety of mental health problems proliferated

1981
After Mr. Prestera’s death, the name change to Prestera Center for Mental Health Services

1986
Prestera Center assisted Huntington State Hospital in downsizing from 1,000 to 100 patients through community housing and services

1993
Renaissance long-term residential addictions treatment for women with their children received a 5-year federal grant

2000s
2011
Cabell County’s Prestera Center substance abuse services relocated to Pinecrest, at 5600 US Rt. 60 in Huntington, enabling Prestera to increase capacity by 300%

2012
CEO Robert “Bob” Hansen retired after 23 years of dedication to growing services at Prestera, with Karen Yost stepping into the role of CEO

1963
Community Mental Health Act of 1963 passed, providing Federal support for mental health services

1970s
Nov. 14, 1970
Michael R. Prestera perished in the Marshall University plane crash

1980s
1987
The Prestera Foundation was established to raise funds that promote the longevity of Prestera Center

1989
The Crisis Residential Unit opened to prevent inpatient psychiatric hospitalizations with intensive short-term stabilization services

1990s
2002
With the bankruptcy of Shawnee Hills, Prestera expanded services to Putnam, Kanawha, Boone, and Clay counties

2008
Medication-assisted treatment program began for outpatient women’s services

2014
Moved Clay County office and IDD Waiver Residential to Clendenin WV

2017
Moved PARC East SUD services to new offices in South Charleston

2017
Consolidated Putnam County services into new offices called Prestera Hopewell
**Fiscal Year 2017:**
July 1, 2016 through June 30, 2017

- 94% of our consumers say they would recommend our services to others
- 95% report overall satisfaction with services they received

13,387 adults & 3,599 children

16,986* total individuals served

*An additional 1,088 adults and children were served at our wholly owned subsidiary, Midland Behavioral Health in Barboursville, WV.

Pretera Center’s employment services programs helps individuals with disabilities work and live independently. The program includes job development, training and employment opportunities that help each individual achieve their full potential. In FY2017, there were 90 referrals to the employment services program and only 2 of 90 individuals could not be placed in jobs. 41 entered the workforce and the remaining 47 were still active in the program at the close of the fiscal year, working on refining their work skills. Employment programs are an example of the comprehensive array of services available at Pretera Center.

**FY 2017 Financial Snapshot**

**Operating Income FY 2017**
- Net Client Services: $21,393,588
- Grants and Contracts: $16,327,189
- Residential Rent: $592,867
- In-Kind Facility Use: $711,753
- Other Income: $356,653

**Operating Expenses FY 2017**
- Staff Salaries: $22,258,154
- Staff Benefits: $6,218,130
- Supplies: $1,932,685
- Contracted Services: $2,602,386
- Other Expenses: $7,438,241

**Our Mission**
A united effort dedicated to helping people achieve their full potential. Leading the way since 1967.
Preterea Foundation warmly thanks the following for their support during fiscal year 2017. Thank you for your continued support as we strive to provide high quality services in our communities.

**Visionary**
Pat and Vickie Burrows
Chapman Printing
Lee Graphics, Inc.
Lumos Networks

**Ambassador**
Brickstreet Insurance
CSX
ELab Solutions Corporation
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Gerard Spiegler
Karen Sprouse
Dan Stapleton
Scott and Jill Straight
The Prestera Foundation extends a grateful thank-you to the many individuals and businesses who contribute. Your contributions are confirmation that we are providing much needed treatment and services for our community and will continue to do so, as we have for the past 50 years. In addition to those listed above, many in our community contribute by donating goods used by our consumers and items or gift certificates used for fundraising purposes. We are truly appreciative of each and every person, business or organization that supports our mission!

Michael Prestera Award of Excellence
2017 Winner: Senator Joe Manchin

Senator Manchin worked tirelessly in the Senate to introduce multiple pieces of legislation that address the addiction problem facing communities, not only here in West Virginia, but nationwide. He has twice introduced the Lifeboat Act that would collect a one penny fee on every milligram of prescription opioid produced and direct the revenue collected to prevention, treatment and recovery programs. He introduced “Jessie’s Law” (now a bill) that protects people in recovery from being prescribed opioid painkillers after surgery which would threaten a relapse. He successfully advocated for the FDA to place hydrocodone on a stricter prescribing schedule. He reaches across the aisle putting politics aside to work for common sense solutions. Senator Manchin has consistently demonstrated a solid commitment to and has made significant contributions to substance abuse treatment and recovery services systems. For these reasons, the Prestera Center and its Board of Directors was pleased to present the Michael Prestera Award of Excellence to Senator Joe Manchin. We sincerely appreciate his leadership and service on behalf of individuals with behavioral health and substance abuse needs.

Past Award Recipients:
1996: Mildred Mitchell Bateman
1997: Joan E. Ross
1998: Betty Barrett
1999: William Dotson
2000: Delegate Marguerette Leach
2001: Francie Roberts-Buchannon
2002: William Wright
2003: Maurice Cooley
2004: Senator Robert Plymale
2005: James Weiler
2006: Delegate Don Perdue & Scott Finn
2007: Linda Pleasants & Jack Clohan
2008: Debby Hibbard & Dr. Ron Duerring
2009: Frank Markun
2010: Karen Yost
2011: Dan Hedges
2012: Delegate Jim Morgan
2013: Bob Hansen
2014: David Forinash
2015: Gov. Earl Tomblin
2016: Booth Goodwin

“I’m so proud of this because this is something I believe in.”
Prestera Center impacts over 16,000 adults, children, and families across West Virginia each year and has been leading the way in helping people achieve happier, more fulfilling lives since 1967.

Here’s how you can help:

**Monetary donations**

The Prestera Foundation supports Prestera Center in a variety of ways from community outreach to funding support, and is eager to partner with individuals, businesses and organizations to reach our goals. Together, we can ensure high quality behavioral health services to West Virginians. Donations may be made as a one-time gift, or a monthly contribution, and may be made online, via mail, or by phone.

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The more people we can reach, the more people we can help.