Leading the Way for Individuals on the Path to Wellness and Recovery
A Message From the President and CEO . . .

Prestera marked its 48th year of providing high quality comprehensive community behavioral health services in FY-2015.

It has been a busy, challenging and rewarding year for Prestera Center. Despite reductions in state funding, Prestera Center served over 22,000 individuals in nine counties. The Center won a national award and cash prize of $10,000 for best practices in risk management. U.S. Congressman Nick Rahall visited the continuum of addictions treatment services at Pinecrest in Huntington. A full-time medical director was hired on May 1, 2015.

New services were developed. Justice reinvestment projects were begun, creating new partnerships with law enforcement, community corrections programs, courts and the criminal justice system. Prestera became a Health Home, coordinating physical and behavioral health care to some WV Medicaid recipients. A new residential crisis unit opened in Logan, WV thanks to funding provided by Governor Tomblin.

Investments were made. The Clay County offices and the Clay County group home serving intellectually disabled adults were moved to better locations. A new office building was purchased in Mason County for relocation of the Mason County office in Point Pleasant. A number of improvements were made to our facilities. We continued to invest in our staff. There has been an increase in the number of licensed clinical staff, and we invested significant resources in staff training and supervision. A number of staff were trained in a variety of evidence-based clinical practices.

Prestera Center continues to “Lead the Way” in community behavioral health services. Thank you for reviewing the Annual Report for FY-2015.

Karee Yost
Who we are...

- Largest Comprehensive Behavioral Health Center in West Virginia
- Sixty sites across nine counties
- 825+ employees
- 48 years experience
- State licensed & nationally CARF accredited
Shane was born to a mother suffering from addiction. He last saw her when he was 3. Fast forward a few years. Shane was adopted by a family who loved him, kept him fed, warm and safe. Shane grew up in church and knew God.

And yet, Shane was an angry child and kept that anger inside. At 15, his best friend introduced him to marijuana, which made him feel good and soothed his anger. It became a habit. At 16 Shane made is first visit to Prestera.

He muddled through the next several years, eventually joining the military and making a life for himself, his wife and three boys. He started using again—then the chaos set in.

At his lowest point, Shane received a call from a friend offering help. Shane entered Prestera’s short-term treatment program in December of 2012 and has been clean since.

Continuing in his recovery will be a lifelong commitment, and Shane is up for the challenge. He is employed full-time as a Recovery Coach at Prestera Center extending the offer of treatment, hope of recovery and words of encouragement every day.

“\textit{I’ve learned to love myself and others, how to begin making amends with my past actions, and most importantly how to reach out to the next person that needs help up.}” - Shane
Prestera Center’s supported employment program (WORCS) is a program that helps adults get back on their feet, get ready to go to work and enter competitive employment. In July of 2015, the West Virginia Division of Rehabilitation Services referred Jack to the WORCS program. Jack, at age 21, was previously employed and could not hold down a job. He had a felony charge and issues with anyone in authority. He frequently had trouble controlling his temper and aggression. Jack was accepted into Prestera Center’s WORCS work adjustment training program where he received support, coaching and instruction. Jack learned the importance of listening to the supervisor, doing the right thing, quantity and quality of work and the importance of being on time every day. The WORCS staff helped Jack complete anger management classes and he started seeing a Prestera therapist to help with other coping skills.

Jack was a star pupil! Through WORCS, Jack is a productive member of our community. He works not one but two jobs, has paid off his court and restitution fees, was released from home confinement, and now lives on his own.

“If it wasn’t for a training program like Prestera’s WORCS and those individuals who took the time to work with me, help me and guide me in not only employment, but life lessons, I would either be in jail or worse by today.” - Jack
In Fiscal Year 2015
From July 1, 2014
through June 30, 2015

22,112 individuals were served
including
4,996 children
and
17,116 adults
for a total of
762,680 service hours
Financial Snapshot

Operating Expenses FY 2015

- Staff Salaries $23,181,002
- Staff Benefits $5,585,216
- Supplies $2,565,514
- Contracted Services $2,341,032
- Other Expenses $6,583,404

Operating Income FY 2015

- Net Client Services $22,935,788
- Grants and Contracts $15,491,645
- Residential Rent $866,434
- In-Kind Facility Use $724,034
- Other Income $240,780

Total Revenue $40,258,681
Total Expense $40,256,168
Net $2,513
What people are saying about us. . .
Each month, hundreds of individuals completed surveys about services all across Prestera Center programs during FY 2015

report they received services in a timely manner

report the staff are sensitive to their needs

report overall satisfaction with services they received

say they would recommend our services to others

report they are feeling better than before

Fiscal Year 2015 Highlights:
- Crisis Stabilization Unit Opened in Logan, WV
- Designated Health Home for Coordinating Care
- Justice Reinvestment Projects Launched
- Justice Partnerships Solidified
- Laboratory Services Began
- Risk Management Award Twice in 3 Years
- Clay County Group Home Moved
- Clay Offices Moved
- Property Purchased for Mason Offices
- Invested in Staff Training
- Added More Licensed Professionals
- New Medical Director
- Regulatory Compliance Improved
- Processes Improved
Year In Pictures...

Gov. Earl Ray Tomblin Award Ceremony

Receiving the 2015 Negley Award

Logan Crisis Center Open House

Former US Attorney Booth Goodwin Announces Law Enforcement Assistance Diversion Project in Charleston, WV.

2015 Spring Blarney Bash

2014 Fall Tropical Escape
There are several ways to begin services at Prestera Center, including walking in or calling for an appointment. To schedule an appointment with a professional at your convenience at a location near you, call 1.877.399.7776.

Or, walk in to any of the following locations for a professional evaluation.

**Locations:**

<table>
<thead>
<tr>
<th>Location</th>
<th>Walk-In Times</th>
</tr>
</thead>
<tbody>
<tr>
<td>376 Kenmore Drive, Danville</td>
<td>8:30-4:00 p.m.</td>
</tr>
<tr>
<td>3375 US Rt. 60 East, Huntington</td>
<td>8:00-4:00 p.m.</td>
</tr>
<tr>
<td>602 Main Street, Clay</td>
<td>8:30-4:00 p.m.</td>
</tr>
<tr>
<td>511 Morris Street, Charleston</td>
<td>8:00-4:00 p.m.</td>
</tr>
<tr>
<td>25 Lincoln Plaza, Branchland</td>
<td>8:30-4:00 p.m.</td>
</tr>
<tr>
<td>715 Main Street, Point Pleasant</td>
<td>8:30-4:00 p.m.</td>
</tr>
<tr>
<td>3389 Winfield Rd., Suite 8, Winfield</td>
<td>8:30-4:00 p.m.</td>
</tr>
<tr>
<td>145 Kenova Avenue, Wayne</td>
<td>8:30-4:00 p.m.</td>
</tr>
</tbody>
</table>

For Addictions Recovery Services, please visit one of the following locations:

**Locations:**

<table>
<thead>
<tr>
<th>Location</th>
<th>Walk-In Times</th>
</tr>
</thead>
<tbody>
<tr>
<td>1143 Dunbar Avenue, Dunbar</td>
<td>8:00-4:00 p.m.</td>
</tr>
<tr>
<td>3375 US Rt. 60 East, Huntington</td>
<td>8:00-4:00 p.m.</td>
</tr>
</tbody>
</table>

If there is a crisis or an emergency, call 1.800.642.3434 or go to your local emergency room for assistance.
Gov. Tomblin has proven his dedication to the citizens of West Virginia through his strong support for behavioral health services and improving the lives of individuals living with addiction issues.

He has allocated funding to support Prestera Center’s programs and dedicated funding to help other programs throughout the state. He introduced and supported legislation to allow first responders and family members access to opiate overdose reversal medication. He also initiated the Governors Advisory Council on Substance Abuse and has demonstrated a commitment to solving addiction issues in West Virginia.

We thank Governor Tomblin, for his contribution to the ongoing success of Prestera Center and its programs and services.
Prestera Foundation warmly thanks the following for their support during fiscal year 2015. Thank you for your continued support as we strive to provide high quality services in our communities.

**Visionaries $5000+**
- Pat & Vicki Burrows
- Calloway Laboratories, Inc.
- Rajiv & Debbie Jain
- Lee Graphics, Inc.
- Payne & Garlow Insurance

**PROVEND**

**Ambassadors $2500+**
- Brickstreet Insurance
- Chapman Printing
- CSX
- Michael & Erica Keiffer
- Moses AutoMall of Huntington
- Peoples Bank
- Raymond James
- United Bank, Huntington

**Benefactors $1000+**
- W.B. & Doris Andrews
- Big Sandy Superstore
- Joe & Maria Bronosky
- Campbell Woods, PLLC
- Bill & JoAnn Chambers
- Charleston Area Medical Center
- Andrew & Karri Fischer
- Goldy Auto
- Lab Corp
- Lumos Networks
- MPMS, LLC
- Panhandle Support Services

**River Park Hospital**

**St. Mary’s Medical Center**

**Touma Real Estate Holdings, LLC**

**USI Insurance Services**

**Valley Health Systems**

**WV Business Products**

**Patrons $500+**
- Wes & Carolyn Agee
- B&B Johnson Plumbing, LLC
- Bulldog Creative Services
- Cabell Huntington Hospital
- CLS Properties
- Commercial Refrigeration Services, Inc.
- Cheryl Connelly
- Tom & Michele Craig
- Sandra Farrar
- First Bank of Charleston
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- WSAZ Children’s Charity
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Cam Moore
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Shawn Myers
Steve & Barbara Neddo
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Brandy Patterson
Nicole Patton
Dana Petroff
Highland Behavioral Health
Dale Riggs
Sarah Rohan
Tom Sarka
William & Barbara Shepherd
Lori Sinclair
Angela Sostrich-Adkins
Don & Julie Stocks
Jim & Lisa Strawn
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**Prestera’s Mission**

*A united effort dedicated to helping people achieve their full potential. Leading the way since 1967.*

**Prestera Values**

Persistent—Being persistent in the hope that circumstances will improve no matter how difficult it seems.

Recovery—Conveying a strong belief that recovery and self-actualization are possible for everyone.

Ethical—Operating with the highest possible standards in every regard.

Supportive—Recognizing the value of each individual’s input, supporting consumer’s goals and involvement in their improved wellness.

Team—Working together for the good of all - realizing there is no "I" in team.

Empowering—Striving to empower both staff and consumers, and offering the tools, skills, and services to achieve this.

Respect—Realizing that though we have different skills, needs, and challenges, we all have value.

Advocacy—Actively supporting programs and policies that meet the needs of clients and staff.
Prestera Center impacts over 22,000 adults, children, and families across West Virginia each year and has been leading the way in helping people achieve happier, more fulfilling lives since 1967.

Here’s how you can help:

Monetary donations
The Prestera Foundation supports Prestera Center in a variety of ways from community outreach to funding support, and is eager to partner with individuals, businesses and organizations to reach our goals. Together, we can ensure high quality behavioral health services to West Virginians. Donations may be made as a one-time gift, or a monthly contribution, and may be made online, via mail, or by phone.

www.prestera.org
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